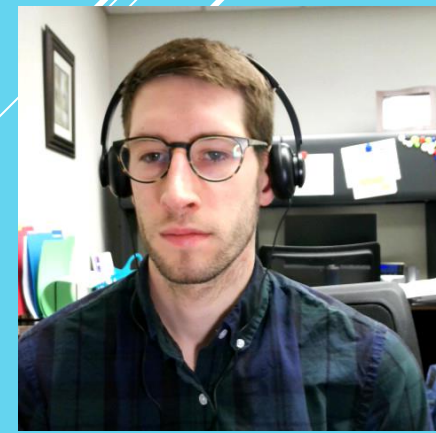


PALLIATIVE CONSULT FROM THE ED



OBJECTIVES

- ▶ Hospice vs. Palliative
- ▶ Why Consult
- ▶ When to Consult
- ▶ How to Consult



- ▶ Palliative Medicine: a medical specialty designed to provide support and manage symptoms in patients with serious illness

Hospice: treatment is solely focused on patient comfort and quality of life with an expected prognosis of < 6 months



WHY SHOULD I CARE?

- ▶ **50%** of people **over the age of 65** visit the ED in their last month of life
- ▶ **75%** of people visited the ED in their **last 6 months** of life



CAN'T I JUST ADMIT AND LET MEDICINE CONSULT PALLIATIVE?

- ▶ Earlier palliative consultation, and ***particularly consultation from the ED*** = decreased hospital length of stay, earlier hospice referral, and hospital cost savings
- ▶ It affects the trajectory of the admission



SURPRISE QUESTION

- ▶ Would you be surprised if this patient died in the next 12 months?
- ▶ Utilizing the surprise question = increase in palliative care consults

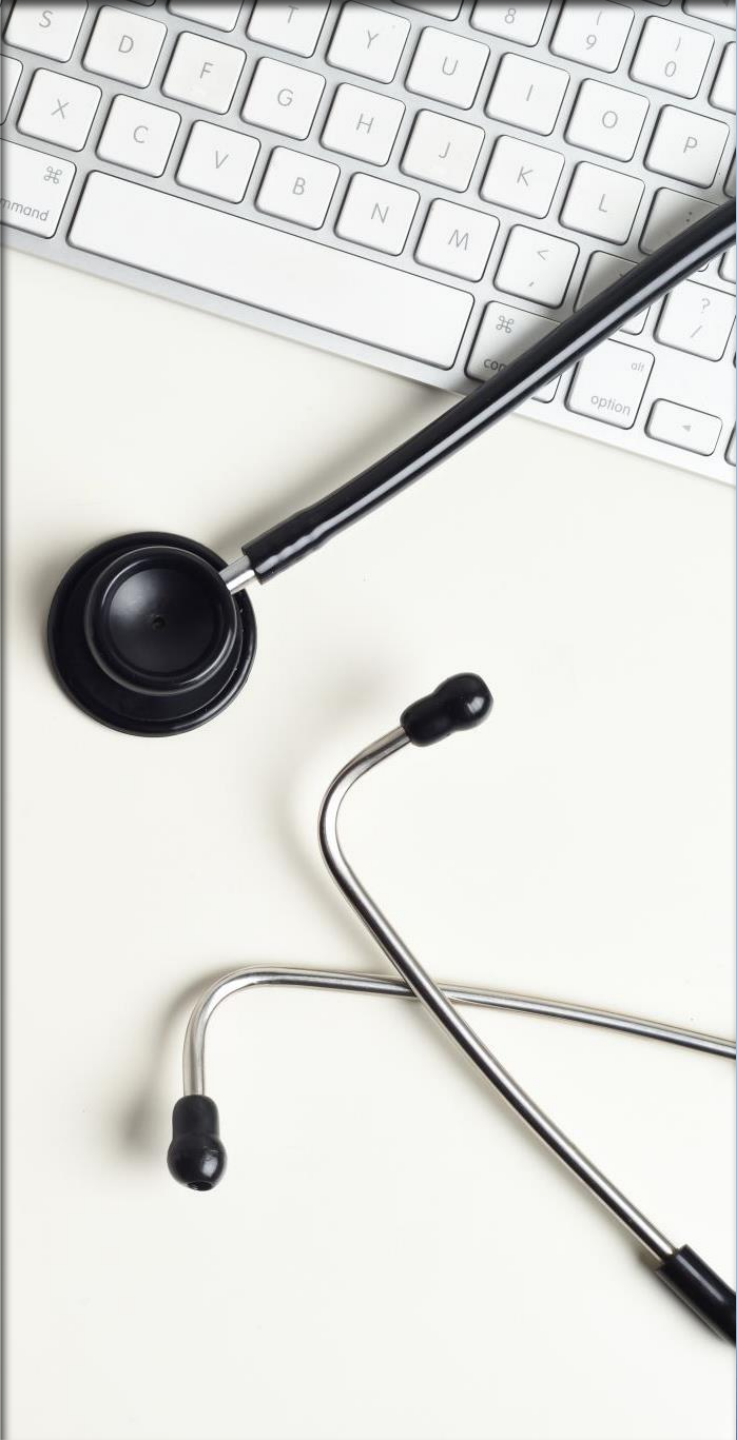




EXAMPLES

- ▶ Older adults with advanced dementia, and multiple comorbidities
- ▶ A cardiac arrest with ROSC, but you are concerned may not do well due to comorbidities and/or downtime
- ▶ Chronic, serious illnesses: advanced COPD, ESRD, liver failure, end stage heart failure
- ▶ Metastatic Cancer





ATRIUM HEALTH WAKE FOREST BAPTIST MAIN

- ▶ Palliative phone consult availability 24/7
- ▶ Wake On-Call
- ▶ Do not hesitate to call!

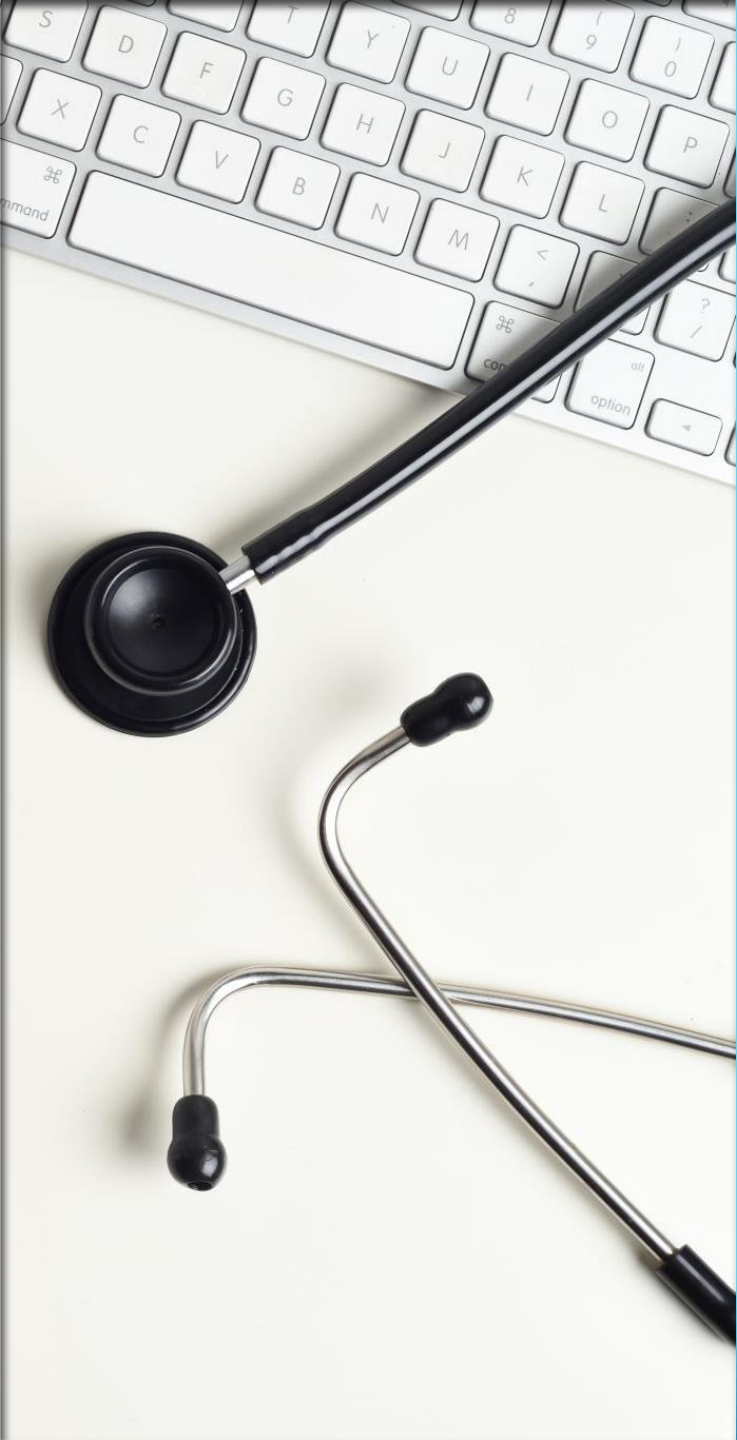




HIGH POINT

- ▶ Has their own palliative care team
- ▶ Wake On-Call “HP Palliative Care”
- ▶ 24/7 phone consult availability





WILKES, LEXINGTON, DAVIE

- ▶ Video consult availability
- ▶ Wake On-Call





ATRIUM HEALTH CAROLINAS MEDICAL CENTER

- ▶ Place palliative consult in Epic
- ▶ Contact the listed on-call palliative physician directly



TAKEAWAYS

- ▶ Emergency department palliative consultation makes a difference in the long run
- ▶ Utilize the surprise question to help decide who may be appropriate for consultation
- ▶ Phone availability 24/7 AHWFBMC and affiliate sites



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